

“Honey, I Need YOU to Keep Me Straight!”
Text: Ephesians 5:21-33 (p. 949)

Threat #7: _____.

Pressures come from two sources:

1. what _____ expect of us.
2. what _____ expect of ourselves.

Pressure can be both Good and Bad:

1. Bad stress is called _____.
2. Good stress is called _____.

Will we be ACCOUNTABLE?!?

“Submit to one another out of reverence for Christ.” - **Ephesians 5:21**, NIV.

FOCUS: All of us as Christians are called to submit to others who help to hold us accountable, AND, I believe that includes husbands and wives being called to submit to their spouses for accountability!

We ALL need people to help keep us accountable, especially our spouses. If we are resisting that, then we are putting ourselves at risk.

Let me share with you Dennis Rainey’s recommended areas for spousal accountability:

1. _____.
2. _____.
3. _____.
4. _____.

We say we hold our spouses, marriage, family, Christian values in such high regard, but our lives and choices soon seem to show our real values have been shuffled off to things truly unworthy.

As I said last Sunday, our spouses need to be our **FIRST LINE OF DEFENSE** here, not our last...or even worse, not included in our defense at all! And, as I also said last week, our “infidelities” can involve more things than just...SEX!