

Hello Fresh

EPHESIANS 4:22-24

(Congregation Participation)

THINGS THAT ARE BETTER FRESH...

Ephesians 4:22-24 NIV

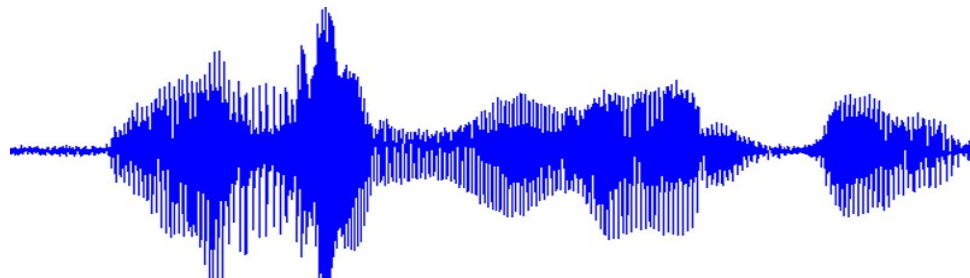
²²You were taught, with regard to your former way of life, to put off your old self, which is being corrupted by its deceitful desires;²³ to be made new in the attitude of your minds;²⁴ and to put on the new self, created to be like God in true righteousness and holiness.

_____ **NEW** (Lamentations 3:22-23)

Forgiven _____ People

_____ **ANEW** (Hebrews 4:12)

_____ **NEWED** (Romans 12:1-2)



MISS A SERMON OR WANT TO GO BACK AND LISTEN AGAIN?

Audio files are available to stream directly from our website (or download), along with an accompanying bulletin and Insert. Visit <http://www.grinnellfriends.org/sermons>



*Del & Evelyn Larsen's 60th
Wedding Anniversary*

December 30th

2-4 pm

At St. Francis (Hawn Center)

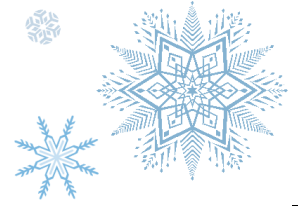
You are invited to come celebrate! Light refreshments will be served. A card shower would be appreciated, no gifts please. Mailing address for those wanting to send a card: 2021 4th Ave Room B12, Grinnell.

The library cart in the foyer has been changed up with different books from the library. Also, there are 4 new adult Christmas books, and 2 new Christmas books for children. See if you can find them!





Friends Church Calendar



January 2019

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>"...to be made new in the attitude of your minds; and to put on the new self, created to be like God in true righteousness and holiness." Ephesians 4:23-24 NIV</p>		<p>1 Jamie Dunsbergen 🍰 Rick & Martha Mitchell 👤</p>	<p>2 Del Larsen, Steve Savage 🍰 5:30p HS Youth 6p young FRIENDS 7p Choir</p>	<p>3 Morgan Beck 🍰</p>	<p>4</p>	<p>5</p>
<p>6 12p Business Meeting</p>	<p>7 Shirley Paulson, Shirley Milburn 🍰 7p Women's Bible Study</p>	<p>8 1:30p The Seekers 7p M & C Meeting</p>	<p>9 5:30p HS Youth 6p young FRIENDS 7p Choir</p>	<p>10</p>	<p>11</p>	<p>12 Travis Henkle 🍰 10:30a Moms with Young Ones</p>
<p>13 11:45a Coffee Time 4p Membership Class</p>	<p>14 7p Women's Bible Study</p>	<p>15</p>	<p>16 1:30p Young at Heart Seniors 5:30p HS Youth 6p young FRIENDS 7p Choir</p>	<p>17</p>	<p>18 Kerry Deeter 🍰</p>	<p>19 Paul Ackerman, Mark Paulson 🍰 8a CMF @ West Side Diner</p>
<p>20 12p Lunch Bunch at Pagliai's</p>	<p>21 Delaney Harter, Emersynn Harter 🍰 7p Women's Bible Study</p>	<p>22 1:30p The Seekers</p>	<p>23 5:30p HS Youth 6p young FRIENDS 7p Choir</p>	<p>24 Jim & Kathy Kessler 👤</p>	<p>25</p>	<p>26 Tony Wingerter, Golda Sleenwenhoek 🍰</p>
<p>27 12p Potato Bar</p>	<p>28 7p Women's Bible Study</p>	<p>29 Hannah Robinson 🍰</p>	<p>30 5:30p HS Youth 6p young FRIENDS 7p Choir</p>	<p>31 Greg & Gloria Lincoln 👤</p>		

*If there are any additions or corrections to the calendar, please leave a note in the basket in the secretary's office.